



INTERNAL/EXTERNAL POSTING
Mental Health Navigator (MHN)
1-year contract until December 2022
2 days/week
Unionized Position

Delta Family Resource Centre (Delta Family) is a non-profit community-based organization situated in the North Etobicoke. Delta Family serves diverse communities and provides a wide range of programs, services, and activities that enhance individual skills and promotes well being and healthy communities. Known for strength in outreach, collaboration, a focus on programs for Black communities and capacity building, Delta Family is committed to meaningful community development.

The Mental Health Navigator, using an Anti-Black racism lens is responsible for providing mental health supports for a group of up to 50 youth. The initiative, 'OLORI' (Yoruba word for leadership) will continue to work with four partners (FYI, Black Creek CHC Somali Women and Children and Urban Rez) to engage youth in the west and other parts of the city in a series of activities that promote leadership development, civic engagement, the creation of youth councils for local youth and have a focus on mental health. This program is funded by the City of Toronto's Anti-Black Racism Initiative for a third year and focuses on enhancing pride in identity and leadership skills of African/Black youth.

Responsibilities:

- Engage and build the capacity of Black youth engaged in leadership activities in five (5) different communities.
- Engage Black youth to mental health issues as well as barriers to accessing services.
- Connect youth to Black led organizations that advocate and/or provide mental health services for black youth and families elders.
- Act as a resource for youth and allies, respond to their needs by providing information and referrals.
- Work collaboratively with OLORI's partners to support their youth for the duration of the OLORI program (One year) to support and provide resources to Black youth and their families while exploring the implications of COVID-19 and health disparities.
- Examine issues around Anti-Black Racism and its implications on Black youth and their families.
- Implement and maintain strength-based and evidence-based professional standards
- Ability to manage and take case notes for youth across five (5) communities.
- Identify trends and examine community profile and demographics to guide proposed activities.

Qualifications:

- Candidate must possess a Social Services, Child & Youth, Social Work or equivalent degree/ diploma from a recognized post-secondary institution or equivalent experience with a focus on mental health.

- Three years' experience working with African/Black youth.
- Minimum 3-5 years' experience in delivering services to youth.
- Has lived experience of the issues faced by Toronto's African/ Black communities.
- Understanding of the impact of oppression and anti-Black racism and the barriers faced by Black youth.
- Awareness of the issues faced by Black youth engaged in various systems.
- Demonstrated understanding of the intersectional identities of Black youth and the impact of various forms of oppression.
- Demonstrated experience in mobilizing and supporting Black youth on social justice issues that affect and impact their lives.
- Excellent group facilitation and training skills.
- Possess an understanding of the diversity of the African Canadian experience and understanding of the issues facing African Canadian youth in the community.
- Knowledge of and experience working with an anti-oppressive and anti-racist framework.
- Demonstrated advocacy skills and ability to encourage and support youth advocacy.
- Strong written skills, and excellent communication and interpersonal skills.
- Ability to set consistent and appropriate limits.
- Excellent organizational, planning and implementation skills.
- **To protect the health and safety of employees, all new hires are required to be fully vaccinated or to demonstrate that the process is underway**

The successful candidate will be required to have/obtain a current vulnerable sector Reference Check (can be obtained upon offer of position). Delta Family is an equal opportunity employer.

Salary: \$ 42,420 - \$47,908 (pro-rated for 2 days/week or 40% of full-time annual salary)

Anticipated start date: ASAP

Closing Date: Continuous intake until position filled

Please submit your cover letter and resume by the closing date at [hiring@dfrc.ca](mailto: hiring@dfrc.ca)

Subject line: Mental Health Navigator (MHN)

E-mail: [hiring@dfrc.ca](mailto: hiring@dfrc.ca)

Please note that internal candidates will be considered before external candidates are processed. Interview will be arranged as applications are received

Accommodations are available in all aspects of the selection process. If you require accommodation, please let us know in advance.

We thank all applicants for their interest. Regretfully, only short-listed candidates will be contacted.