

**MARCH
2024**

**MONTHLY
CALENDER**



Delta Family Resource Center
Main Office 2291 Kipling Ave. Unit#123
Etobicoke ON M9W4L6
Tel : (416) 747-1172
Website

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 ZUMBA CLASS 11AM-12PM (416)931-9984 FRP Program 9:15 am - 11:30 pm After School Program (age 8-14) 4pm-5:30 pm	2 FRP Interactive Story 9:15am to 12:15 pm frp@dfrc.ca Baba Roots 12:30pm-2:30pm kujistahi@dfrc.ca	3



United Way



Ontario

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>4</p> <p>FRP Program H/S 9am to 1 pm HUB 9-12 pm 1900 Sheppard 3-6 pm frp@dfrc.ca</p> <p>KUJI KIDS AGES 0-6 4:30-6:30PM kujistahi@dfrc.ca Humber Summit</p>	<p>5</p> <p>Food Pantry Sabra Said (416)931-9984 ssaid@dfrc.ca 9:30 AM- 1 pm</p> <p>After School Program age 8-12 4:00 pm- 5:30 pm</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p> <p>Free Income Tax Clinic 2024 hrahman@dfrc.ca</p>	<p>6</p> <p>Discovery & Play Drop-in 9:30 am - 2:00 pm</p> <p>After School Program (age 12 – 14) 4:00 pm - 5:30 pm</p> <p>YOUNG GIANTS (ages 9-14) 4:00 pm - 6:00 pm</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p> <p>WEEKLY WELLNESS 6:30 pm - 8:00 pm</p>	<p>7</p> <p>YOUTH WELLNESS 4pm-6pm Kujistahi@dfrc.ca</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p> <p>Food Pantry Sabra Said (416)931-9984 ssaid@dfrc.ca</p>	<p>8</p> <p>Zumba class 11am-12pm (416)931-9984</p> <p>FRP Program 9:15 am - 11:30 pm</p> <p>After School Program (age 8-14) 4pm-5:30 pm</p> <p>International Women's Day</p>	<p>9</p> <p>FRP Interactive Story 9:15am to 12:15 pm frp@dfrc.ca</p> <p>Motivated Mamas 12pm-2pm kujistahi@dfrc.ca</p> <p>Baba Roots 12:30pm-2:30pm kujistahi@dfrc.ca</p>	<p>10</p>



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>11</p> <p>FRP Program H/S 9am to 1 pm HUB 9-12 pm 1900 Sheppard 3-6 pm frp@dfrc.ca</p> <p>KUJI KIDS AGES 0-6 4:30-6:30PM kujistahi@dfrc.ca SHVANA-416-951-9663</p>	<p>12</p> <p>After School Program age 8-12 4:00 pm- 5:30 pm</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p>	<p>13</p> <p>Discovery & Play Drop-in 9:30 am - 2:00 pm</p> <p>After School Program (age 12 – 14) 4:00 pm - 5:30 pm</p> <p>YOUNG GIANTS (ages 9-14) 4:00 pm - 6:00 pm</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p> <p>WEEKLY WELLNESS 6:30 pm - 8:00 pm</p>	<p>14</p> <p>YOUTH WELLNESS 4pm-6pm kujistahi@dfrc.ca</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p> <p>Food Pantry Sabra Said (416)931-9984 ssaid@dfrc.ca</p>	<p>15</p> <p>Zumba class 11am-12pm (416)931-9984</p> <p>FRP Program 9:15 am - 11:30 pm</p> <p>After School Program (age 8-14) 4pm-5:30 pm</p>	<p>16</p> <p>FRP Interactive Story 9:15am to 12:15 pm frp@dfrc.ca</p> <p>Baba Roots 12:30pm-2:30pm kujistahi@dfrc.ca</p>	<p>17</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>18</p> <p>FRP Program H/S 9am to 1 pm HUB 9-12 pm 1900 Sheppard 3-6 pm frp@dfrc.ca</p> <p>KUJI KIDS AGES 0-6 4:30-6:30PM kujistahi@dfrc.ca</p>	<p>19</p> <p>Food Pantry Sabra Said (416)931-9984 ssaid@dfrc.ca 9:30 AM- 1 pm</p> <p>After School Program age 8-12 4:00 pm- 5:30 pm</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p>	<p>20</p> <p>Discovery & Play Drop-in 9:30 am - 2:00 pm</p> <p>After School Program (age 12 – 14) 4:00 pm - 5:30 pm</p> <p>YOUNG GIANTS (ages 9-14) 4:00 pm - 6:00 pm</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p> <p>WEEKLY WELLNESS 6:30 pm - 8:00 pm</p>	<p>21</p> <p>YOUTH WELLNESS 4pm-6pm Kujistahi@dfrc.ca</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p> <p>Food Pantry Sabra Said (416)931-9984 ssaid@dfrc.ca 11:00am-1pm</p>	<p>22</p> <p>Zumba class 11am-12pm (416)931-9984</p> <p>FRP Program 9:15 am - 11:30 pm</p> <p>After School Program (age 8-14) 4pm-5:30 pm</p>	<p>23</p> <p>FRP Interactive Story 9:15am to 12:15 pm frp@dfrc.ca</p> <p>Motivated Mamas 12pm-2pm kujistahi@dfrc.ca</p> <p>Baba Roots 12:30pm-2:30pm kujistahi@dfrc.ca</p>	<p>24</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>25</p> <p>FRP Program H/S 9am to 1 pm HUB 9-12 pm 1900 Sheppard 3-6 pm frp@dfrc.ca</p> <p>KUJI KIDS AGES 0-6 4:30-6:30PM kujistahi@dfrc.ca</p>	<p>26</p> <p>After School Program age 8-12 4:00 pm- 5:30 pm</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p>	<p>27</p> <p>Discovery & Play Drop-in 9:30 am - 2:00 pm</p> <p>After School Program (age 12 – 14) 4:00 pm - 5:30 pm</p> <p>YOUNG GIANTS (ages 9-14) 4:00 pm - 6:00 pm</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p> <p>WEEKLY WELLNESS 6:30 pm - 8:00 pm</p> <p>Ounce of prevention Youth Justice symposium</p>	<p>28</p> <p>YOUTH WELLNESS 4pm-6pm Kujistahi@dfrc.ca</p> <p>SNAP® (Stop Now & Plan) 4pm-8pm snap@dfrc.ca</p> <p>Food Pantry Sabra Said (416)931-9984 ssaid@dfrc.ca 11:00am-1pm</p>	<p>29</p> <p>Zumba class 11am-12pm (416)931-9984</p> <p>FRP Program 9:15 am - 11:30 pm</p> <p>After School Program (age 8-14) 4pm-5:30 pm</p>	<p>30</p> <p>FRP Interactive Story 9:15am to 12:15 pm frp@dfrc.ca</p> <p>Motivated Mamas 12pm-2pm kujistahi@dfrc.ca</p> <p>Baba Roots 12:30pm-2:30pm kujistahi@dfrc.ca</p>	<p>31</p>

